

AMERICAN ACADEMY OF AESTHETIC MEDICINE
Diploma Course in Aesthetic Medicine- Level 2 (5-Day Course)
 30 Oct 2018 – 3 Nov 2018
 New Delhi India

Day 1: 30 Oct 2018

Faculty: Dr Rolf Soehnchen

COSMETIC DERMATOLOGY

0830 – 10:00	<p>Sun Protection for Any Skin Type</p> <p>Pigmentation Disorders Management</p> <p>Acne Management</p> <ul style="list-style-type: none"> • Etiology • Classification • Complications • Treatment <p>Rosacea Management</p> <ul style="list-style-type: none"> • The Triggers • Treatments <p>Management of Hypertrophic Scars and Keloids Hair Loss Management and Treatments</p>
10:00 – 10:15	COFFEE BREAK
10:15 – 12:15	<ul style="list-style-type: none"> • Treatment of Stretch Marks • Cellulite Management • Advances in Chemical Peelings
12:15 – 1:15	LUNCH
1:15 – 03:00	<ul style="list-style-type: none"> • Demo and Practical Session on Keloid or Hypertrophic Scar Treatment • Demo and Practical Session on Advanced Peeling
03:00 – 03:15	COFFEE BREAK
03:15 – 05:00	<ul style="list-style-type: none"> • Continuation of practical session on Advanced Peeling
05:00 – 05:30	<ul style="list-style-type: none"> • Multiple Choice Question Test Assessment on Cosmetic Dermatology
05:30	End of Day 1

Day 2: 31 Oct 2018

Faculty: Dr Rolf Soehnchen

08:30 – 10:30 am	SCLEROTHERAPY IN AESTHETIC MEDICINE <ul style="list-style-type: none">• Introduction to Phlebology• Treatment of Telangiectasias and Varicose Veins• Lifestyle and Conservative Medical Management• Sclerotherapy• Vascular Laser
10:30 – 10:45 am	COFFEE BREAK
10:45 – 1:00 pm	PRP INDICATIONS <ul style="list-style-type: none">• Facial Rejuvenation• Hand Rejuvenation• Hair Restoration• Scar Treatment• Acne Treatment PRP TECHNIQUE <ul style="list-style-type: none">• Platelet Harvesting• Reducing Platelets Poor Plasma• PRP Preparation• Acne Treatment MCQ on Sclero and PRP
01:00 – 02:00 pm	LUNCH BREAK
02:00 – 03:30 pm	Demo and Practical Session on Sclerotherapy
03:30 – 03:45 pm	Coffee Break
03:45 – 05:30 pm	Demo and Practical Session on PRP
05:30	End of Day 2

Day 3: 1 Nov 2018

Faculty: Dr Rami Haidar

MESOTHERAPY (Theory)

08:30 – 10:30	<ul style="list-style-type: none">• History of Mesotherapy• Definition• Characteristics• Pharmacology• Techniques and Depth of Injection• Injection Devices• Dermatological Mesotherapy in your Daily Practice• Indications<ul style="list-style-type: none">○ Traditional○ Lipodistrophy○ Facial Rejuvenation (Mesoglow/Mesolift)○ Hair Loss
10:30 – 11:00	COFFEE BREAK
11:00 - 12:15	MESOTHERAPY (Live Demonstration and Hands-on)
12:15 – 12:30	MULTIPLE CHOICE QUESTION TEST ASSESSMENT ON MESOTHERAPY
12:30 – 1:30	LUNCH BREAK
1:30 – 03:15	MESOTHERAPY CONTINUOUS (Live Demonstration and Hands-on)
03:15 – 03:30	COFFEE BREAK
03:30 – 05:30	MESOTHERAPY CONTINUOUS (Live Demonstration and Hands-on)
05:30	End of Day 3

Day 4: 2 Nov 2018

Faculty: Dr Rami Haidar

BOTULINUM TOXIN A – ADVANCED INDICATIONS AND TECHNIQUES

0830 – 1030	Introduction: What is Beauty? Botulinum Toxin Type A <ul style="list-style-type: none">• Analysis of Facial Beauty• Pharmacology of Botulinum Toxin A• Frown Lines and Brow Lifting• Periocular Rejuvenation• Periorbital Rejuvenation• Platysmal Band Rejuvenation• Hyperhidrosis• Management of Complications from Botulinum Toxin A Injections
10:30 – 10:45	COFFEE BREAK
10:45 - 11:00	Multiple Choice Question Test Assessment on Botulinum Toxin Type A (Advanced Indications)
11:00 – 12:30	Live Demonstrations and Hands-on Training on Botulinum Toxin Type A (Advanced Indications)
12:30 – 01:30	LUNCH BREAK
01:30 – 05:30	Live Demonstrations and Hands-on Training continues on Botulinum Toxin Type A (Advanced Indications)
05:30	End of Day 4

Day 5: 3 Nov 2018

Faculty: Dr Rami Haidar

SKIN FILLERS – ADVANCED INDICATIONS AND TECHNIQUES

830 – 1030	Fillers Hyaluronic Acid Fillers for Facial Aesthetic Enhancement Calcium Hydroxylapatite Facial Sculpting Facial Sculpting with Poly -L -Lactic Acid Advanced Volume Restoration of the Lower Face
10:30 – 11:00	COFFEE BREAK
11:00 – 12:30	Fillers Restoration of Lip Volume and Definition Using Facial Fillers Advanced Volume Restoration of the Aging Face Blunt Facial Cannula Technique The Role of Topical Agents and Regional Blocks Management of Complications from Filler Injections
12:30 – 01:30	LUNCH BREAK
01:30 – 01:45	Multiple Choice Question Test Assessment on FILLERS
01:45 - 03:15	LIVE DEMONSTRATION AND HANDS-ON WITH FILLER (Advanced Indications)
03:15 - 03:30	COFFEE BREAK
03:30 - 05:30	LIVE DEMONSTRATION AND HANDS-ON WITH FILLER (Advanced Indications)
05:30	Diploma course ends- Feedback and Distribution of Certificates

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.