

## Level 1 - Certificate Course in Aesthetic Medicine (3-Day Course)

15-17 September 2017 (Beirut, Lebanon)

- Participation in the certificate course in Aesthetic Medicine is the first step towards securing the American board certified given by Academy of Aesthetic Medicine (AAAM).
- A Course Certificate (Level 1) will be presented at end of course.
- Limited seats are available as we believe in a small class setting for better interactions between participants and lecturers.
- As the response is overwhelming and only limited places are available, please contact us as soon as possible for registration.
- We will accept your registration on a first come first served basis.
- Volunteer applications during workshop training are restricted.

**DAY 1: September 15, 2017**

**Faculty : Dr Marcelo Suarez**

### SKIN CONDITIONING AND CHEMICAL PEELINGS

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08:30-08:45	<b>Introduction to the World of Aesthetic Medicine</b>
08:45-10:30	<b>Skin conditioning + Skin classification</b> <ul style="list-style-type: none"><li>• Indications &amp; contra-indications</li><li>• Side effects</li><li>• Results</li><li>• Skin regimen</li></ul>
10:30- 11:00	<b>COFFEE BREAK</b>
11:00-12:30	<b>Chemical Peelings</b> <p>Indications &amp; contra-indications Contra-indications</p> <ul style="list-style-type: none"><li>• Peeling agents: how to make the right selection?<ul style="list-style-type: none"><li>• <ul style="list-style-type: none"><li>◦ Glycolic acid</li><li>◦ Salicylic acid</li><li>◦ TCA<ul style="list-style-type: none"><li>▪ Modified TCA</li><li>▪ Plain TCA</li><li>▪ Combined peelings</li><li>▪ Jessner Peel</li></ul></li></ul></li></ul></li></ul>
12:30-13:15	<b>LUNCH</b>
13:15-14:30	Management of complications from chemical peelings
14:30-14:45	Daily Test on Skin Conditioning and Peelings
14:45-15:00	<b>COFFEE BREAK</b>
15:00-17:30	<b>Live Demonstrations and Hands-On Peelings</b> (Glycolic, Salicylic)

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**NOTE:** Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.

**DAY 2: September 16, 2017**  
Faculty : **Dr Marcelo Suarez**

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**LASERS, IPL, BASICS and Emergencies in Aesthetic Medicine**

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08:30-08:45 Introduction to the lasers and their physics

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08:45-9:00 Types of lasers and laser safety

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9:00-9:15 Laser Skin Resurfacing

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9:15-9:45 **Photorejuvenation techniques**

- Intense Pulsed Light (IPL)
  - Radiofrequency
  - Infrared (IR) and Ultrasounds (US)
  - Fraxel Lasers
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9:45-10:00 Laser Treatments for Vascular Lesions

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10:00- 10:30 **COFFEE BREAK**

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10:30-10:45 Laser Tattoo Removal

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10:45-11:00 Laser  
Treatments  
for Hair  
Removal

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11:00-11:15 **Body Contouring Medical Devices**

- What are available on the market today?
  - Making the right choice
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11:15-11:30 Management of Complications from Lasers and IPL

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11:30-11:45 Daily Test on Lasers

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11:45-12:30 Live Workshop on Lasers and IPL

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12:30 – 13:30 **LUNCH**

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**Afternoon:**

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13:30-15:00 **Emergencies in Aesthetic Medicine**

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15:00 – 15:15 **Coffee BREAK**

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15:15 – 17:00 **Emergencies in Aesthetic Medicine**

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**17:00 End of Day 2**

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**DAY 3: September, 17 2017**

**Faculty : Dr Khalil Afsh**

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**BOTULINUM TOXIN TYPE A AND DERMAL FILLERS**

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08:30-10:30      **Botulinum toxin Type A**

- Introduction
- Indications and consent
- Patient selection
- Complications
- Advice pearls

10:30- 11:00      **COFFEE BREAK**

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11:00-12:15      **Dermal Fillers**

- Facial wrinkles classification
- Skin fillers
  - Introduction and types
  - Indications and consent
  - Patient selection
  - Complications
  - Advice pearls

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12:15-12:30      Daily Test on Botox and Fillers

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12:30- 13:30      **LUNCH**

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13:30-15:00      **Practical Workshop and Hands-On Botulinum Toxin A**

Upper Face Indications

- Glabella
- Forehead
- Crow's Feet

15:00 – 15:15      **COFFEE BREAK**

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15:15-17:30      **Practical Workshop and Hands-on Dermal Fillers**

- Nasolabial Fold Indications

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17:30                **End of Day 3 Certificate Distribution**

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