

AMERICAN ACADEMY OF AESTHETIC MEDICINE
Level 2 - Diploma Course in Aesthetic Medicine (5-Day Course)
December 3-7, 2017- Dubai-UAE



Day 1: Sunday, Dec. 3 2017

Faculty: Dr. Marcelo A. Suarez-Bigetti

COSMETIC DERMATOLOGY

0830 – 10:00	<p>Sun Protection for Any Skin Type</p> <p>Pigmentation Disorders Management</p> <p>Acne Management</p> <ul style="list-style-type: none"> • Etiology • Classification • Complications • Treatment <p>Rosacea Management</p> <ul style="list-style-type: none"> • The Triggers • Treatments
10:00 – 10:30	COFFEE BREAK
10:30 – 12:30	Live Demonstration on Advanced Peeling
12:30 – 13:30	LUNCH
1330 – 1515	<ul style="list-style-type: none"> • Management of Hypertrophic Scars and Keloids • Hair Loss Management and Treatments
15:15 – 15:30	COFFEE BREAK
15:30 – 16:00	Live Demonstration on Keloid or Hypertrophic Scar Treatment
1600 – 1715	<ul style="list-style-type: none"> • Treatment of Stretch Marks • Cellulite Management • Advances in Chemical Peelings
1715 – 1730	Multiple Choice Question Test Assessment on Cosmetic Dermatology
05:30	End of Day 1



Day 2: Monday, Dec. 4 2017

Faculty: Dr. Marcelo A. Suarez-Bigetti

MESOTHERAPY (Theory)

0830 – 1030	<ul style="list-style-type: none"> • History of Mesotherapy • Definition • Characteristics • Pharmacology • Techniques and Depth of Injection • Injection Devices • Dermatological Mesotherapy in your Daily Practice • Indications <ul style="list-style-type: none"> ○ Traditional ○ Lipodistrophy ○ Facial Rejuvenation (Mesoglow/Mesolift) ○ Hair Loss
10:30 – 11:00	COFFEE BREAK
11:00 - 12:15	MESOTHERAPY (Live Demonstration and Hands-on)
12:15 – 12:30	MULTIPLE CHOICE QUESTION TEST ASSESSMENT ON MESOTHERAPY
12:30 – 13:30	LUNCH BREAK
13:30 – 14:30	MESOTHERAPY CONTINUOUS (Live Demonstration and Hands-on)
15:00 – 15:30	COFFEE BREAK
15:30 – 17:30	MESOTHERAPY CONTINUOUS (Live Demonstration and Hands-on)
17:30	End of Day 2

**Day 3: Tuesday, Dec. 5, 2017 Faculty: Dr.
Marcelo A. Suarez-Bigetti**

0830 - 1030	<p>MINIMALLY INVASIVE SURGICAL PROCEDURES (Theory)</p> <ul style="list-style-type: none"> • Excisional Biopsy • Punch and Shave Biopsy of the Skin • Subcision for Acne Scars • Subcision for Cellulite Dimples • Epidermal Cyst Excision • Lipoma Excision • Skin Tag Removal • Laceration Repair <p>MINIMALLY INVASIVE SURGICAL PROCEDURES (Workshop and Hands-on on Skin Pads)</p>
10:30 – 11:00	COFFEE BREAK
1100 – 1230	<p>NERVE BLOCKS (Theory) General Face Anatomy</p> <ul style="list-style-type: none"> • Facial Nerve Anatomy • Trigeminal Nerve Anatomy • Supraorbital, Infraorbital, Maxilar and Mandible Nerves Block <p>NERVE BLOCKS (Workshop and Hands-on on Mannequin Heads)</p>
12:30 – 13:30	LUNCH BREAK
1330 – 1730	<p>SCLEROTHERAPY IN AESTHETIC MEDICINE</p> <ul style="list-style-type: none"> • Introduction to Phlebology • Treatment of Telangiectasias and Varicose Veins • Lifestyle and Conservative Medical Management • Sclerotherapy • Vascular Laser • Multiple Choice Question Test Assessment on Phlebology • Live Demonstration and Hands-on on Sclerotherapy
17:30	End of Day 3

Day 4: Wednesday, Dec 6 2017
Faculty: Dr. Irijana Rajković

SKIN FILLERS – ADVANCED INDICATIONS AND TECHNIQUES

830 – 1030	<p>Fillers</p> <p>Hyaluronic Acid Fillers for Facial Aesthetic Enhancement</p> <p>Calcium Hydroxylapatite Facial Sculpting</p> <p>Facial Sculpting with Poly -L -Lactic Acid</p> <p>Advanced Volume Restoration of the Lower Face</p>
10:30 - 1100	COFFEE BREAK
1100 – 1230	<p>Fillers</p> <p>Restoration of Lip Volume and Definition Using Facial Fillers</p> <p>Advanced Volume Restoration of the Aging Face</p> <p>Blunt Facial Cannula Technique</p> <p>The Role of Topical Agents and Regional Blocks</p> <p>Management of Complications from Filler Injections</p>
1230 - 1330	LUNCH BREAK
1330 – 13:45	Multiple Choice Question Test Assessment on FILLERS
13:45 - 15:00	LIVE DEMONSTRATION AND HANDS-ON WITH FILLER (Advanced Indications)
15:00 - 15:30	COFFEE BREAK
15:30 - 17:00	LIVE DEMONSTRATION AND HANDS-ON WITH FILLER (Advanced Indications)
17:00	End of Day 4

Day 5: Thursday, Dec.7 2017
Faculty: Dr. REDAELLI, ALESSIO

BOTULINUM TOXIN A – ADVANCED INDICATIONS AND TECHNIQUES

0830 – 1030	<p>Introduction: What is Beauty? Botulinum Toxin Type A</p> <ul style="list-style-type: none"> • Analysis of Facial Beauty • Pharmacology of Botulinum Toxin A • Frown Lines and Brow Lifting • Periocular Rejuvenation • Periorbital Rejuvenation • Platysmal Band Rejuvenation • Hyperhidrosis • Management of Complications from Botulinum Toxin A Injections
1030 - 1045	COFFEE BREAK
1045 - 11:00	Multiple Choice Question Test Assessment on Botulinum Toxin Type A (Advanced Indications)
11:00 – 12:30	Live Demonstrations and Hands-on Training on Botulinum Toxin Type A (Advanced Indications)
1230 – 1330	LUNCH BREAK
1330 – 1730	Live Demonstrations and Hands-on Training continues on Botulinum Toxin Type A (Advanced Indications)
17:30	Course Ends- Distribution of Certificates

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.