

# AMERICAN ACADEMY OF AESTHETIC MEDICINE

## ADVANCED MASTER COURSE IN FAT GRAFTING, FAT REMODELING AND LIPOSCULPTURE

(2-Day Course- Hands-On)

14-15 Dec 2018, Dubai

**DAY 1: 14 Dec 2018**

**Faculty : Prof. Mucio Porto**

---

08:30-08:45	<b>Registration</b>
08:45-11:00	<b>History and Basic Science: Fat Cell and Metabolism</b> <b>Anatomy and Fat deposits</b>  <b>Anatomy of Face, hands, breast and Gluteal regions</b> <b>History of Lipo-Sculpture Technique</b> <b>How to choose between liposuction and noninvasive fat reduction procedures?</b> <b>Conducting an Efficient consultation</b> <b>The best Indications</b> <b>Contraindications</b>
11:00-11:30	<b>COFFEE BREAK</b>
11:30-1:30	<b>Noninvasive techniques for Fat Remodeling: Modeling massage</b> <b>MESOTHERAPY: What is it?</b> <b>Indications and Techniques</b> <b>Drugs and “Melanges”</b> <b>New Technologies:</b> <b>Exposure to cold ( Cryolipolysis )</b> <b>Sound waves (high-intensity focused ultrasound) Light waves (low-level laser)</b>
1:30-2:30	<b>Radio waves (radiofrequency)</b> <b>Best devices on the market and how to use</b> <b>LUNCH</b>
02:30-5:30	<b>Practical Workshop and Hands-On</b>
5:30	<b>End of Day 1</b>

---

**DAY 2: 15 Dec 2018**  
**Faculty : Prof. Mucio Porto**

**ADVANCED MASTER COURSE IN FAT GRAFTING, FAT REMODELING AND LIPOSCULPTURE**

---

08:30-08:45	<b>Registration</b>
08:45-10:30	<b>Minimally invasive for Fat remodeling:</b> <b>Minilipoaspiration</b> <b>Fat Transfer</b> <b>Basic Technique</b> <b>THE "GOLDEN TRIANGLE": HARVEST/PREPARE/INJECTION</b> <b>HOW TO HARVEST? Syringes - types and volumes</b> <b>Cannulas shape and sizes</b> <b>HOW TO PREPARE? When to Centrifugate?</b> <b>THE STEM CELLS THEORY!</b> <b>When to use the full injection</b> <b>How to inject? The multiple techniques.</b>
10:30-11:00	<b>COFFEE BREAK</b>
11:00-12:30	<b>Pre-Op Preparations: Exam, Photo documentation, Informed Consent</b> <b>Staff requirements, Basic supplies and Equipment</b> <b>At the Operative Room:</b> <b>Demarcation</b> <b>The patient preparation</b> <b>Anesthesia</b> <b>The patient manipulation</b> <b>Dressing and Post-Operative Medication</b> <b>Post-Operative Care</b> <b>COMPLICATIONS: How to avoid and how to Treat.</b> <b>RESULTS</b> <b>Important Pearls</b>
12:30-1:30	<b>LUNCH</b>
1:30-5:30	<b>Practical Workshop and Hands-On</b>
5:30PM	<b>Certificate Distribution</b> <b>END OF DAY 2</b>

---

**NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.**