

AMERICAN ACADEMY OF AESTHETIC MEDICINE

BASIC MASTER COURSE IN FAT GRAFTING, FAT REMODELING AND MESOTHERAPY

12-13 Dec 2018, Dubai

DAY 1: 12 Dec 2018

Faculty : Prof. Mucio Porto

08:30-08:45

Registration

08:45-10:30

History and Basic Science

History of Liposculpture Technique

Difference between Wet and Dry Lipo

PRINCIPLES OF THE TECHNIQUE:

Devices

Correct Plan

Safety Basic Technique

THE "GOLDEN TRIANGLE": HARVEST/PREPARE/INJECTION

HOW TO HARVEST? The power of your hand.

Syringes Types and Volumes

Canulas Shape and size

Vibrolipo and Ultrasound Lipo

Laserlipo-basic Concepts and Various

wavelength HOW TO PREPARE? When to centrifuge?

THE STEM CELLS THEORY!

When to use the full injection?

The new devices.

HOW TO INJECT? THE MULTIPLE TECHNIQUES!

10:30- 11:00

COFFEE BREAK

11:00-13:30

PRP FOR THE" ENRICHED FAT". Why to do?

Options for PRP Preparation

Techniques for PRP Injection

Specific technique

Conducting the Efficient

consultation The best Indications.

BEAUTIFICATION USING FAT: *Hands, Face, Breast, Buttocks*

FAT FOR RECONSTRUCTIVE PURPOSES:

Scars and Keloids

Minimal Defects

CONTRAINDICATIONS

13:30-14:30

LUNCH

14:45-17:30

Practical Workshop and Hands-On

17:30

END OF DAY 1

ADVANCED LEVEL

08:30-08:45

Registration

08:45-11:30

Understanding the Options: IMPLANTS AGAINST FAT INJECTIONS

Understanding the Options: LOCALIZED AND TUMESCENT AGAINST RESHAPING AND GENERAL

Pre – Operative Preparations:

Exams

Blood Reserve

Photo Documentation

Informed Consent

Staff requirements, Basic supplies and Equipment

At the Operative Room:

Demarcation

The patient preparation

Anesthesia

The patient manipulation

Dressing and Post-Operative Medication

Post-Operative Care

COMPLICATIONS: How to avoid and how to Treat.

RESULTS

IMPORTANT PEARLS

11:30-12:30

LUNCH

12:30-17:30 **Practical Workshop and Hands-On**

17:30 **END OF DAY 2**

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.