

# AMERICAN ACADEMY OF AESTHETIC MEDICINE

## Masters Course in Face Thread Lifting

11 – 12 DECEMBER, 2017

Dubai, UAE

### Day 1: 11 DECEMBER

08:00 – 08:30	Registration
08:30 – 10:30	<ul style="list-style-type: none"><li>➤ History of the thread lift technique</li><li>➤ Principles of the technique</li><li>➤ Basic Science: Facial and Cervical Anatomy</li><li>➤ Aging Process: How to Understand?</li><li>➤ Indications</li><li>➤ Explaining when to use threads and faceliftings</li><li>➤ Consultation: Facial analysis and planning</li></ul> <p><b>Type of Threads</b></p> <ul style="list-style-type: none"><li>○ Materials</li><li>○ Designs</li><li>○ Differences</li><li>○ Absorbable and non-absorbable</li></ul>
10:30 – 10:45	<b>Coffee Break</b>
10:45 – 12:30	<ul style="list-style-type: none"><li>➤ Surgical Planning: Directions and “lifting plan”</li><li>➤ The “four TCJN Areas”: Temporal, Cheeks, Jowls and Neck</li><li>➤ Local Anesthesia ➤ How Deep?</li><li>➤ How much to lift? ➤ How to attach it?</li><li>➤ Dressings</li><li>➤ Post-operative care</li><li>➤ Complications: How to avoid and how to treat</li><li>➤ Results</li></ul>
12:30 – 13:30	<b>Lunch Break</b>
13:30 - 17:30	Hands-on Training

### Day 2: 12 DECEMBER

08:00 – 08:30	Registration
08:30 – 12:30	Hands-on Training
12:30 – 13:30	<b>Lunch Break</b>
13:30 – 17:30	Hands-on Training