



# AMERICAN ACADEMY OF AESTHETIC MEDICINE

WORLD LEADERS IN AESTHETIC MEDICINE & COSMETIC SURGERY

## Masters Course in Face Thread Lifting

9,10 July 2018

Dubai, UAE

### Day 1: 9 July 2018

08:00 – 08:30	Registration
08:30 – 10:30	<ul style="list-style-type: none"> <li>➤ History of the thread lift technique</li> <li>➤ Principles of the technique</li> <li>➤ Basic Science: Facial and Cervical Anatomy</li> <li>➤ Aging Process: How to Understand?</li> <li>➤ Indications</li> <li>➤ Explaining when to use threads and faceliftings</li> <li>➤ Consultation: Facial analysis and planning</li> </ul> <p><b>Type of Threads</b></p> <ul style="list-style-type: none"> <li>○ Materials</li> <li>○ Designs</li> <li>○ Differences</li> <li>○ Absorbable and non-absorbable</li> </ul>
10:30 – 10:45	<b>Coffee Break</b>
10:45 – 12:30	<ul style="list-style-type: none"> <li>➤ Surgical Planning: Directions and “lifting plan”</li> <li>➤ The “four TCJN Areas”: Temporal, Cheeks, Jowls and Neck</li> <li>➤ Local Anesthesia ➤ How Deep?</li> <li>➤ How much to lift? ➤ How to attach it?</li> <li>➤ Dressings</li> <li>➤ Post-operative care</li> <li>➤ Complications: How to avoid and how to treat</li> <li>➤ Results</li> </ul>
12:30 – 13:30	<b>Lunch Break</b>
13:30 - 17:30	Hands-on Training

### Day 2: 10 July 2018

08:00 – 08:30	Registration
08:30 – 12:30	Hands-on Training
12:30 – 13:30	<b>Lunch Break</b>
13:30 – 17:30	Hands-on Training