



AMERICAN ACADEMY OF AESTHETIC MEDICINE

WORLD LEADERS IN AESTHETIC MEDICINE & COSMETIC SURGERY

Level 2 Diploma Course in Aesthetic Medicine (5-Day Course)
March 7-11, 2018, (Cairo Egypt)

Day 1: March 7, 2018

Faculty: Dr. Rolf Soehnchen

COSMETIC DERMATOLOGY

0830 – 1015	Sun Protection for Any Skin Type Pigmentation Disorders Management
10:15 – 10:30	COFFEE BREAK
1030 – 1230	Acne Management <ul style="list-style-type: none"> • Etiology • Classification • Complications • Treatment
12:30 – 1:30	Rosacea Management <ul style="list-style-type: none"> • The Triggers • Treatments
130 – 3:15	<ul style="list-style-type: none"> • Management of Hypertrophic Scars and Keloids • Hair Loss Management and Treatments
3:15 – 3:30	COFFEE BREAK
3:30 – 4:00	Live Demonstration on Keloid or Hypertrophic Scar Treatment
4:00 – 5:15	<ul style="list-style-type: none"> • Treatment of Stretch Marks • Cellulite Management • Advances in Chemical Peelings
5:15 – 5:30	Multiple Choice Question Test Assessment on Cosmetic Dermatology
05:30	End of Day 1

PLATELET RICH PLASMA (PRP) AND MESOTHERAPY (Theory)

830 – 1030	<p>INTRODUCTION</p> <ul style="list-style-type: none"> • Concept of Beauty • Aging: The Prevalent Theory: When and Why PRP, When and Why Other Rejuvenation Techniques? • Rules of Rejuvenation • History of PRP Development in the Last 20 Years • PRP Mechanism of Action <p>PRP TECHNIQUE</p> <ul style="list-style-type: none"> • Platelet Harvesting • Reducing Platelets Poor Plasma • PRP Preparation • PRP Injection • Post Treatment Instruction • Contraindications and Complications
10:30 - 1100	COFFEE BREAK
1100 – 1230	<p>PRP INDICATIONS</p> <ul style="list-style-type: none"> • Facial Rejuvenation • Hand Rejuvenation • Hair Restoration • Scar Treatment • Acne Treatment <p>MULTIPLE CHOICE QUESTION TEST ASSESSMENT ON PRP</p>
12:30 – 1:30	LUNCH BREAK
1:30 – 3:15	LIVE DEMONSTRATION AND HANDS-ON WITH PRP
3:15 – 3:25	COFFEE BREAK
3:25 – 4:25	<p>MESOTHERAPY:</p> <ul style="list-style-type: none"> • History of Mesotherapy • Definition • Characteristics • Pharmacology • Techniques and Depth of Injection • Injection Devices • Dermatological Mesotherapy in your Daily Practice • Indications <ul style="list-style-type: none"> ○ Traditional ○ Lipodistrophy ○ Facial Rejuvenation (Mesoglow/Mesolift) ○ Hair Loss
4:00 – 5:30	MESOTHERAPY (Live Demonstration and Hands-on)
5:30	End of Day 2

Day 3: March 9, 2018

Faculty: Dr. Irijana Rajković

BOTULINUM TOXIN A – ADVANCED INDICATIONS AND TECHNIQUES

08:30 – 10:30	Introduction: What is Beauty? Botulinum Toxin Type A <ul style="list-style-type: none">• Analysis of Facial Beauty• Pharmacology of Botulinum Toxin A• Frown Lines and Brow Lifting• Periocular Rejuvenation• Periorbital Rejuvenation• Platysmal Band Rejuvenation• Hyperhidrosis• Management of Complications from Botulinum Toxin A Injections
10:30 - 10:45	COFFEE BREAK
1045 - 11:00	Multiple Choice Question Test Assessment on Botulinum Toxin Type A (Advanced Indications)
11:00 – 12:30	Live Demonstrations and Hands-on Training on Botulinum Toxin Type A (Advanced Indications)
12:30 – 1:30	Lunch
1:30 – 05:30	Live Demonstrations and Hands-on Training continues on Botulinum Toxin Type A (Advanced Indications)
05:30	End of Day 3

Day 4: March 10, 2018

Faculty: Dr. Irijana Rajković

SKIN FILLERS – ADVANCED INDICATIONS AND TECHNIQUES

8:30 – 10:30	Fillers Hyaluronic Acid Fillers for Facial Aesthetic Enhancement Calcium Hydroxylapatite Facial Sculpting Facial Sculpting with Poly -L -Lactic Acid Advanced Volume Restoration of the Lower Face
10:30 - 1100	Coffee Break
1100 – 1230	Fillers Restoration of Lip Volume and Definition Using Facial Fillers Advanced Volume Restoration of the Aging Face Blunt Facial Cannula Technique The Role of Topical Agents and Regional Blocks Management of Complications from Filler Injections
1230 – 1:30	Lunch
1:30 – 1:45	Multiple Choice Question Test Assessment on FILLERS
1:45 - 3:00	LIVE DEMONSTRATION AND HANDS-ON WITH FILLER (Advanced Indications)
3:00 - 3:30	COFFEE BREAK
3:30 - 5:30	LIVE DEMONSTRATION AND HANDS-ON WITH FILLER (Advanced Indications)
5:30	End of Day 4

Day 5: March 11, 2018

Faculty: Dr. Marcelo Suarez- Bigetti

0830 - 1030	<p>MINIMALLY INVASIVE SURGICAL PROCEDURES (Theory)</p> <ul style="list-style-type: none">• Excisional Biopsy• Punch and Shave Biopsy of the Skin• Subcision for Acne Scars• Subcision for Cellulite Dimples• Epidermal Cyst Excision• Lipoma Excision• Skin Tag Removal• Laceration Repair <p>MINIMALLY INVASIVE SURGICAL PROCEDURES (Workshop and Hands-on on Skin Pads)</p>
10:30 – 11:00	<p>COFFEE BREAK</p>
1100 – 1230	<p>NERVE BLOCKS (Theory) General Face Anatomy</p> <ul style="list-style-type: none">• Facial Nerve Anatomy• Trigeminal Nerve Anatomy• Supraorbital, Infraorbital, Maxilar and Mandible Nerves Block <p>NERVE BLOCKS (Workshop and Hands-on on Mannequin Heads)</p>
12:30 – 1:30	<p>LUNCH BREAK</p>
1:30 – 5:30	<p>SCLEROTHERAPY IN AESTHETIC MEDICINE</p> <ul style="list-style-type: none"><input type="checkbox"/> Introduction to Phlebology<input type="checkbox"/> Treatment of Telangiectasias and Varicose Veins<input type="checkbox"/> Lifestyle and Conservative Medical Management<input type="checkbox"/> Sclerotherapy<input type="checkbox"/> Vascular Laser<input type="checkbox"/> Multiple Choice Question Test Assessment on Phlebology<input type="checkbox"/> Live Demonstration and Hands-on on Sclerotherapy
5:30	<p>Course Ends- Feedback and Distribution of Certificates</p>

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.