

**BOARD CERTIFICATION PROGRAM IN AESTHETIC MEDICINE FOR DENTAL  
PRACTITIONERS**

**LEVEL 1: 3-DAY COURSE**

**DAY 1:**

**8:00 – 8:30: Registration**

**MORNING: Basic aesthetics, skin conditioning and chemical peelings**

- **8:30 – 10:30:**
  - **History of aesthetic Dentistry**
  - **Anatomy of the skull**
  - **Aesthetic rules: the evidence based medicine**
  - **Study of our patients:**
    - **Skin types**
    - **Dental study**
    - **Aesthetic study of the peri-oral tissues**
- **10:30 – 11:00: Tea Break**
- **11:00 – 12:30:**
  - **Skin conditioning: the four steps to follow**
    - **Cleaning**
    - **Exfoliation**
    - **Pigmentation management**
    - **Fibroblasts stimulation**
- **12:30 – 13:30: Lunch**

**AFTERNOON: Chemical peelings for dental practitioners**

- **13:30 – 14:45:**
  - **Chemical peelings for mid and lower third of the face**
  - **How to prevent and manage complications**
- **14:45 – 15:00: Daily test on basic aesthetics, skin conditioning and chemical peels**
- **15:00 – 15:30: Tea break**
- **15:30 – 17:30: Workshops and hands-on on chemical peelings**
- **17:30 – 17:45: Daily test on topics of the day**

## **DAY 2:**

### **MORNING: BTxA and Fillers for dental practitioners (theory)**

- **8:30 – 10:30:**
  - **Facial aging: volumetrical, mimical and skin tonus genesis**
  - **Risks in facial injections**
  - **BTxA for mid and lower third of the face:**
    - **Preparation, dilution, physiology, on and off label indications**
    - **The dental indications, gummy smile and parafunctions (basic)**
- **10:30 – 11:00: Tea break**
- **11:30 – 12:30:**
  - **Fillers for the mid and lower third of the face**
    - **The reduction of volumes after dental projects**
    - **Products available on the market**
    - **Naso-labial folds treatments**
- **12:30 – 13:30: Lunch**

### **AFTERNOON: Pain management and nerve blocks**

- **13:30 – 15:30:**
  - **Facial nerve anatomy**
  - **Trigeminal nerve anatomy**
  - **Supraorbital, infraorbital, maxillar and mandible nerve blocks**
- **15:30 – 16:00: Tea break**
- **16:00 – 17:30: Threads**
  - **Threads indications for the mid and lower third of the face for dental practitioners (slides + video)**
    - **Suspension threads**
    - **Revitalizing threads**
- **17:30 – 17:45: Daily test on topics of the day**

### **DAY 3:**

#### **MORNING: BTxA and Fillers for dental practitioners(workshops and hands-on)**

- **8:30 – 10:30: Workshops and hands-on on BTxA**
- **10:30 – 11:00: Tea break**
- **11:00 – 12:30: Workshops and hands-on on Fillers**
- **12:30 – 13:30: Lunch**

#### **AFTERNOON: Aesthetic dentistry:**

- **13:30 – 15:30:**
  - **Dermatology for the dental practitioner: Identification of Cutaneous Lesions**
  - **Aesthetic Medicine Marketing for the Dental Practitioner: How to Differentiate your Practice**
- **15:30 – 16:00: Tea Break**
- **16:00 – 17:30: Videos**
  - **Surgical Soft Tissue Facial Enhancement under local Anesthesia**
    - **Nasal contouring techniques**
    - **Lip contouring techniques**
- **17:30 – 17:45: Daily test on topics of the afternoon**