

AMERICAN ACADEMY OF AESTHETIC MEDICINE

Level 1 - Certificate Course in Aesthetic Medicine (3-Day Course)

February 16 - 18, 2018 (Mumbai, India)



- Participation in the certificate course in Aesthetic Medicine is the first step towards securing the American board certified given by Academy of Aesthetic Medicine (AAAM).
- A Course Certificate (Level 1) will be presented at end of course.
- Limited seats are available as we believe in a small class setting for better interactions between participants and lecturers.
- As the response is overwhelming and only limited places are available, please contact us as soon as possible for registration.
- We will accept your registration on a first come first served basis.
- Volunteer applications during workshop training are restricted.

DAY 1: Friday, 16 Feb, 2018

SKIN CONDITIONING AND CHEMICAL PEELINGS

08:30-08:45	Introduction to the World of Aesthetic Medicine
08:45-10:30	Skin conditioning + Skin classification <ul style="list-style-type: none">• Indications & contra-indications• Side effects• Results• Skin regimen
10:30- 11:00	COFFEE BREAK
11:00-12:30	Chemical Peelings <ul style="list-style-type: none">• Indications & contra-indications• Contra-indications• Peeling agents: how to make the right selection?<ul style="list-style-type: none">○ Glycolic acid○ Salicylic acid○ TCA<ul style="list-style-type: none">▪ Modified TCA▪ Plain TCA○ Combined peelings<ul style="list-style-type: none">▪ Jessner Peel
12:30-13:30	LUNCH
13:30-14:45	Management of complications from chemical peelings
14:45-15:00	Daily Test on Skin Conditioning and Peelings (MCQ)
15:00-15:30	COFFEE BREAK
15:30-17:30	Live Demonstrations and Hands-On Peelings (Glycolic, Salicylic)
17:30	END DAY 1

LASERS and IPL, BASICS

08:30-08:45 Introduction to the lasers and their physics

08:45-9:00 Types of lasers and laser safety

9:00-9:15 Laser Skin Resurfacing

9:15-9:45 **Photorejuvenation techniques**

- Intense Pulsed Light (IPL)
 - Radiofrequency
 - Infrared (IR) and Ultrasounds (US)
 - Fraxel Lasers
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9:45-10:00 Laser Treatments for Vascular Lesions

10:00- 10:30 **COFFEE BREAK**

10:30-10:45 Laser Tattoo Removal

10:45-11:00 Laser
Treatments
for Hair
Removal

11:00-11:15 **Body Contouring Medical Devices**

- What are available on the market today?
 - Making the right choice
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11:15-11:30 Management of Complications from Lasers and IPL

11:30-11:45 Daily Test on Lasers

11:45-12:30 Live Workshop on Lasers and IPL

12:30 – 13:30 **LUNCH**

Afternoon:

BOTULINUM TOXIN TYPE A AND DERMAL FILLERS

13:30-17:00 **Botulinum toxin Type A**

- Introduction
 - Patient selection
 - Advice pearls
 - Indications and consent
 - Complications
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Dermal Fillers

- Facial wrinkles classification
- Indications and consent
- Skin fillers
- Patient selection
- Introduction and types
- Complications
- Advice pearls

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.

DAY 3: *Saturday, 18 Feb, 2018*

FULL DAY WORKSHOP - BOTULINUM TOXIN TYPE A AND DERMAL FILLERS

08:30 - 8:45

Daily Test on Botox and Fillers

8:45 - 10:30

Practical Workshop and Hands-On Botulinum Toxin A

Upper Face Indications

- Glabella
- Forehead
- Crow's Feet

10:30-11:45

COFFEE BREAK

11:45 - 13:00

**Practical Workshop and Hands-On Continues on
Botulinum Toxin A** Upper Face Indications

13:00 -14:00

LUNCH

14:00-15:00

Practical Workshop and Hands-on Dermal Fillers

- Nasolabial Fold Indications

15:00-15:30

COFFEE BREAK

15:30-17:30

Practical Workshop and Hands-on Dermal Fillers

- Nasolabial Fold Indications

17:30

Course Ends- Distribution of Certificates

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