

**BOARD CERTIFICATION PROGRAM IN AESTHETIC MEDICINE FOR DENTAL
PRACTITIONERS**

LEVEL 2: 3-DAY COURSE

DAY 1:

8:00 – 8:30: Registration

MORNING: Anatomy of the perioral area

- **8:30 – 10:30: Anatomical theatre**
 - Review of facial anatomy with volunteers using colored pencils
- **10:30 – 11:00: Tea break**
- **11:00 – 12:30:**
 - Muscles and vascular supply: main risks in facial aesthetics
 - Perfect placement of materials
- **12:30 – 13:30: Lunch**

AFTERNOON:

- **13:30 – 15:00: Cosmetic dermatology for dental practitioners**
 - Facial pigmentary disorders management
 - Sun protection for any skin type
 - Scars management
- **15:00 – 15:30: Tea break**
- **15:30 – 17:00:**
 - Fat transfer and PRP in Aesthetic Dentistry
 - Techniques to improve volumes
 - Techniques to improve superficial tissues
- **17:00 – 17:15: Live demo: treatment of cheloid scars**
- **17:15 – 17:30: Daily test on facial anatomy and cosmetic dermatology**

DAY 2:

MORNING: BTxA and Fillers: advanced indications (theory)

- **8:30 – 10:30: Advanced BTxA indications and techniques**
 - **Masseter and perioral indications**
 - **Other advanced indications for dental practitioners**
- **10:30 – 11:00: Tea break**
- **11:00 – 12:15: Advanced Fillers indications and techniques revision**
 - **Facial volume improvement**
 - **Mid face treatment**
 - **Cheek augmentation**
 - **Chin augmentation**
 - **Tear trough**
- **12:15 – 12:30: Daily test on advanced BTxA and Fillers**
- **12:30 – 13:30: Lunch**

AFTERNOON: BTxA and Fillers: Advanced indications workshops and hands-on

- **13:30 – 15:30: Workshops and hands-on on BTxA**
- **15:30 – 16:00: Tea break**
- **16:00 – 17:30: Workshops and hands-on on Fillers**

DAY 3:

MORNING: Parafunctions (advanced)

- **8:30 – 10:30:**
 - **Anatomy, muscular management and pathophysiology**
 - **Pathologies of parafunctions and their treatment**
 - **Gummy smile**
 - **Bruxism**
 - **Temporo-mandibular joints: pathologies and treatments**
- **10:30 – 11:00: Tea break**
- **11:00 – 12:30: Marketing**
 - **Operating a successful aesthetic practice for dental practitioners**
 - **Business**
 - **Consent form**
 - **POS software**
 - **Hardware**
 - **The do's and do nots**
- **12:30 – 13:30: Lunch**

AFTERNOON: Lasers and physical peelings for the mid and lower face

- **13:30 – 15:30:**
 - **Introduction and physics of lasers**
 - **Photorejuvenation techniques**
 - **Laser devices for oral and perioral tissues**
 - **Management of complications from lasers and IPL**
- **15:30 – 16:00: Tea break**
- **16:00 – 17:00: Mesotherapy for the face**
- **17:00 – 18:00: Workshops and hands-on training on face rejuvenation techniques**