

**AMERICAN ACADEMY OF AESTHETIC MEDICINE**  
**Level 2 Diploma Course in Aesthetic Medicine (5-Day Course)**  
 March 20-24, 2018  
 Dubai-UAE

**Day 1:** March 20, 2018

**Faculty:** Dr. Marcelo A. Suarez-Bigetti

**COSMETIC DERMATOLOGY**

0830 – 10:00	<b>Sun Protection for Any Skin Type</b> <b>Pigmentation Disorders Management</b> <b>Acne Management</b> <ul style="list-style-type: none"> <li>• Etiology</li> <li>• Classification</li> <li>• Complications</li> <li>• Treatment</li> </ul> <b>Rosacea Management</b> <ul style="list-style-type: none"> <li>• The Triggers</li> <li>• Treatments</li> </ul>
10:00 – 10:30	<b>COFFEE BREAK</b>
10:30 – 12:30	<b>Live Demonstration</b> on Advanced Peeling
12:30 – 1:30	<b>LUNCH</b>
1:30 – 03:15	<ul style="list-style-type: none"> <li>• Management of Hypertrophic Scars and Keloids</li> <li>• Hair Loss Management and Treatments</li> </ul>
03:15 – 03:30	<b>COFFEE BREAK</b>
03:30 – 04:00	<b>Live Demonstration</b> on Keloid or Hypertrophic Scar Treatment
04:00 – 05:15	<ul style="list-style-type: none"> <li>• Treatment of Stretch Marks</li> <li>• Cellulite Management</li> <li>• Advances in Chemical Peelings</li> </ul>
05:15 – 05:30	<b>Multiple Choice Question</b> Test Assessment on Cosmetic Dermatology
05:30	<b>End of Day 1</b>

**Day 2:** March 21, 2018

**Faculty:** Dr. Marcelo Suarez-Bigetti

### MESOTHERAPY (Theory)

08:30 – 10:30	<ul style="list-style-type: none"><li>• History of Mesotherapy</li><li>• Definition</li><li>• Characteristics</li><li>• Pharmacology</li><li>• Techniques and Depth of Injection</li><li>• Injection Devices</li><li>• Dermatological Mesotherapy in your Daily Practice</li><li>• Indications<ul style="list-style-type: none"><li>○ Traditional</li><li>○ Lipodistrophy<ul style="list-style-type: none"><li>○ Facial Rejuvenation (Mesoglow/Mesolift)</li><li>○ Hair Loss</li></ul></li></ul></li></ul>
10:30 – 11:00	<b>COFFEE BREAK</b>
11:00 - 12:15	MESOTHERAPY (Live Demonstration and Hands-on)
12:15 – 12:30	MULTIPLE CHOICE QUESTION TEST ASSESSMENT ON MESOTHERAPY
12:30 – 1:30	<b>LUNCH BREAK</b>
1:30 – 03:15	MESOTHERAPY CONTINUOUS (Live Demonstration and Hands-on)
03:15 – 03:30	COFFEE BREAK
03:30 – 05:30	MESOTHERAPY CONTINUOUS (Live Demonstration and Hands-on)
05:30	<b>End of Day 2</b>

**Day 3:** March 22, 2018

**Faculty:** Prof. Alessio Redaelli

08:30 – 10:30 am	<b>SCLEROTHERAPY IN AESTHETIC MEDICINE</b> <ul style="list-style-type: none"><li>• Introduction to Phlebology</li><li>• Treatment of Telangiectasias and Varicose Veins</li><li>• Lifestyle and Conservative Medical Management</li><li>• Sclerotherapy</li><li>• Vascular Laser</li></ul>
10:30 – 11:00 am	<b>COFFEE BREAK</b>
11:00 – 1:00 pm	<ul style="list-style-type: none"><li>• Multiple Choice Question Test Assessment on Phlebology</li><li>• Live Demonstration and <b>Hands-on on Sclerotherapy</b></li></ul>
01:00 – 02:00 pm	<b>LUNCH BREAK</b>
02:00 – 05:30 pm	<b>PRP INDICATIONS</b> <ul style="list-style-type: none"><li>• Facial Rejuvenation</li><li>• Hand Rejuvenation</li><li>• Hair Restoration</li><li>• Scar Treatment</li><li>• Acne Treatment</li></ul> <b>PRP TECHNIQUE</b> <ul style="list-style-type: none"><li>• Platelet Harvesting</li><li>• Reducing Platelets Poor Plasma</li><li>• PRP Preparation</li><li>• Acne Treatment</li></ul> <b>LIVE DEMONSTRATION AND HANDS-ON WITH PRP</b>
05:30 pm	<b>End of Day 3</b>

**Day 4:** March 23, 2018

**Faculty:** Dr. Irijana Rajković

## **BOTULINUM TOXIN A – ADVANCED INDICATIONS AND TECHNIQUES**

0830 – 1030	<b>Introduction: What is Beauty? Botulinum Toxin Type A</b> <ul style="list-style-type: none"><li>• Analysis of Facial Beauty</li><li>• Pharmacology of Botulinum Toxin A</li><li>• Frown Lines and Brow Lifting</li><li>• Periocular Rejuvenation</li><li>• Periorbital Rejuvenation</li><li>• Platysmal Band Rejuvenation</li><li>• Hyperhidrosis</li><li>• Management of Complications from Botulinum Toxin A Injections</li></ul>
10:30 – 10:45	<b>COFFEE BREAK</b>
10:45 - 11:00	Multiple Choice Question Test Assessment on Botulinum Toxin Type A (Advanced Indications)
11:00 – 12:30	Live Demonstrations and Hands-on Training on Botulinum Toxin Type A (Advanced Indications)
12:30 – 01:30	<b>LUNCH BREAK</b>
01:30 – 05:30	Live Demonstrations and Hands-on Training continues on Botulinum Toxin Type A (Advanced Indications)
05:30	<b>End of Day 4</b>

**Day 5:** March 24, 2018

**Faculty:** Dr. Irijana Rajković

### SKIN FILLERS – ADVANCED INDICATIONS AND TECHNIQUES

830 – 1030	<b>Fillers</b> Hyaluronic Acid Fillers for Facial Aesthetic Enhancement Calcium Hydroxylapatite Facial Sculpting Facial Sculpting with Poly -L -Lactic Acid Advanced Volume Restoration of the Lower Face
10:30 – 11:00	<b>COFFEE BREAK</b>
11:00 – 12:30	<b>Fillers</b> Restoration of Lip Volume and Definition Using Facial Fillers Advanced Volume Restoration of the Aging Face Blunt Facial Cannula Technique The Role of Topical Agents and Regional Blocks Management of Complications from Filler Injections
12:30 – 01:30	<b>LUNCH BREAK</b>
01:30 – 01:45	Multiple Choice Question Test Assessment on FILLERS
01:45 - 03:15	LIVE DEMONSTRATION AND HANDS-ON WITH FILLER (Advanced Indications)
03:15 - 03:30	COFFEE BREAK
03:30 - 05:30	LIVE DEMONSTRATION AND HANDS-ON WITH FILLER (Advanced Indications)
05:30	<b>Course Ends- Feedback and Distribution of Certificates</b>

**NOTE:** Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.