MYRAG
MIDYORKSHIRE REGIONAL ANAESTHESIA GROUP

2nd Ultrasound Guided Regional Anaesthesia Course

Dubai
2-3 Nov 2018

IBC Medical Services

PROGRAMME

DAY 1: FRIDAY 2 Nov 2018

08:30-09:00	**Tea/Coffee and Registration**		
09:00-10:00	**Lectures:**		
		Welcome	Sameer Bhandari
		Basics of Ultrasound	Raj Sandhu
		Local Anaesthesia: Pharmacology	Sameer Bhandari
		Complications	Rachel Asghar
10:00-10:30	**Practical:** US machine, probe, scanning, basic sono-anatomy		All Faculty
10:30-11:00	**Practical:** Needling In-Plane/ Out-of-plane		All Faculty
11:00-11:30		**Tea/Coffee Break**	
11:30-13:15	***UPPER LIMB***	**Sono-Anatomy Demonstration**	Sameer Bhandari
	WORKSHOPS:	Supraclavicular and Interscalene	All Faculty
		Axillary, Elbow & tracking down	All Faculty
13:15 – 13:20		**Group Photo session**	
13:20 - 14:15		**Lunch**	
14:15-15:30	***LOWER LIMB***	**Sono-Anatomy Demonstration**	Rachel Asghar
	WORKSHOPS:	Femoral, LFCN, Saphenous & Sciatic	All Faculty
15:30-15:45		**Tea/Coffee Break**	
15:45-17:00	***ANKLE***	**Sono-Anatomy Demonstration**	Sameer Bhandari
	WORKSHOPS:	Ankle	All Faculty
17:00-17:30	**Lectures:**		
		Controversies in R.A.	Sameer Bhandari
		Additives	
		Recent Advances	

CPD Matrix Codes covered: 1A02, 1A03, 2A03, 2G01, 2G02, 2G03, 2G04 and 3A09

Revalidation FOR ANAESTHETISTS

EUROPEAN DIPLOMA in Regional Anaesthesia & Acute Pain Management

DAY 2: SATURDAY 3 Nov 2018

08:30 –09:00	**Recap from Day 1/ Videos**		
09:00 –10:00	***ABDOMEN***	**Sono-Anatomy Demonstration**	Raj Sandhu
	WORKSHOPS:	Rectus sheath & TAP block	All Faculty
10:00–10:30		**Tea/Coffee Break**	
10:30 –12:30	***SPINAL & EPIDURAL***	**Sono-Anatomy Demonstration**	Vinay Shanthi
	WORKSHOPS:	Spinal & Epidural	All Faculty
12:30-13:15		**Lunch**	

13:15 –14:30 Recap : Upper and Lower Limb Scanning
14:30 –15:30 Recap : Abdomen and Spinal/Epidural scanning

15:30 Finish

CPD Matrix Codes covered: 1A02, 1A03, 2A03, 2G01, 2G02, 2G03, 2G04 and 3A09

10 CPD Credits granted by
The Royal College of Anaesthetists, London

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