

AMERICAN ACADEMY OF AESTHETIC MEDICINE
BOARD CERTIFICATION PROGRAM IN AESTHETIC MEDICINE
FOR DENTAL PRACTITIONERS - LEVEL 1 (3-day course)
Dec 10-12, 2019(Dubai UAE)

DAY 1: Dec 10, 2019

Faculty :

8:00 – 8:30: Registration

Basic Aesthetics, Skin conditioning and Chemical Peelings

- 8:30 – 10:30:
 - History of aestheticDentistry
 - Anatomy of theskull
 - Aesthetic rules: the evidence based medicine
 - Study of ourpatients:
 - Skin types
 - Dental study
 - Aesthetic study of the peri-oral tissues
- **10:30 – 11:00: Tea Break**
- 11:00 – 12:30:
 - Skin conditioning: the four steps to follow
 - Cleaning
 - Exfoliation
 - Pigmentation management
 - Fibroblasts stimulation
- 12:30 – 12:35: Group Photo Session
- **12:35 – 1:30: Lunch**

Chemical Peelings for Dental Practitioners

- 1:30 – 2:45:
 - Chemical peelings for mid and lower third of the face
 - How to prevent and manage complications
- 2:45–3:00 : Daily test on basic aesthetics, skin conditioning and chemical peels
- **3:00 – 3:30 : Tea break**
- 3:30–5:30 : Workshops and hands-on on chemical peelings
- 5:30–5:45 : Daily test on topics of the day
- **5:45 : End of Day 1**

DAY 2: Dec 11, 2019

Botulinum Toxin A and Fillers for Dental Practitioners (Theory)

Faculty:

- 8:30 – 10:30:
 - Facial aging: volumetrical, mimical and skin tonus genesis
 - Risks in facial injections
 - BTxA for mid and lower third of the face:
 - Preparation, dilution, physiology, on and off label indications
 - The dental indications, gummy smile and parafunctions (basic)
- **10:30 – 11:00: Tea break**
- 11:30 – 12:30:
 - Fillers for the mid and lower third of the face
 - The reduction of volumes after dental projects
 - Products available on the market
 - Naso-labial folds treatments
- **12:30 – 1:30: Lunch**

Pain management and Nerve Blocks

Faculty: Prof Alessio Redaelli

- 1:30 – 3:30:
 - Facial nerve anatomy
 - Trigeminal nerve anatomy
 - Supraorbital, infraorbital, maxillar and mandible nerve blocks
- **13:30 – 4:00: Tea break**
- 4:00 – 5:30: Threads
 - Threads indications for the mid and lower third of the face for dental practitioners (slides + video)
 - Suspension threads
 - Revitalizing threads
- 5:30 – 5:45 : Daily test on topics of the day
- **5:45 End of Day 2**

DAY 3: Dec 12, 2019

Faculty:

CREATING A BEAUTIFUL SMILE

Botulinum Toxin A and Fillers for Dental Practitioners (Workshops and Hands-on)

- 8:30 – 10:30: Botulinum Toxin A hands-on training for the upper third of the face (Forehead, Glabella, Crow's feet) + gummy smile
- 10:30 – 11:00: Tea break
- 11:00 – 12:30: HA fillers hands-on training in naso-labial, lip and chin
- **12:30 – 1:30: Lunch**

Aesthetic Dentistry

- 1:30 – 3:30:
 - Dermatology for the dental practitioner: Identification of Cutaneous Lesions
 - Aesthetic Medicine Marketing for the Dental Practitioner: How to Differentiate your Practice
- **3:30 – 4:00: Tea Break**
- 4:00 – 5:30: Videos
 - Surgical Soft Tissue Facial Enhancement under local Anesthesia
 - Nasal contouring techniques
 - Lip contouring techniques
- 5:30 – 5:45: Daily test on topics of the afternoon
- **5:45 Course Ends- Feedback and Distribution of Certificates**

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.