

AMERICAN ACADEMY OF AESTHETIC MEDICINE

Diploma in Aesthetic Medicine Level 2 (5-Day Course)

6-10 November 2019

Mumbai India

Day 1: 6 Nov 2019

COSMETIC DERMATOLOGY

0830 – 10:00 am	<ul style="list-style-type: none">➤ Sun Protection for Any Skin Type➤ Pigmentation Disorders Management➤ Acne Management<ul style="list-style-type: none">• Etiology• Classification• Complications• Treatment➤ Rosacea Management<ul style="list-style-type: none">• The Triggers• Treatments➤ Management of Hypertrophic Scars and Keloids➤ Hair Loss Management and Treatments
10:00 – 10:15 am	COFFEE BREAK
10:15 – 12:15 pm	<ul style="list-style-type: none">➤ Treatment of Stretch Marks➤ Cellulite Management
12:15 – 12:30 pm	Multiple Choice Question Test Assessment on Cosmetic Dermatology
12:30 – 1:30 pm	LUNCH
1:30 – 03:00 pm	<ul style="list-style-type: none">➤ Demo and Practical Session on Keloid or Hypertrophic Scar Treatment➤ Demo on Hair Loss treatment
03:00 – 03:15 pm	COFFEE BREAK
03:15 – 05:30 pm	<ul style="list-style-type: none">• Practical session on Hair loss treatment
05:30 pm	End of Day 1

MESOTHERAPY

08:30 – 10:30 am	<ul style="list-style-type: none"> • History of Mesotherapy • Definition • Characteristics • Pharmacology • Techniques and Depth of Injection • Injection Devices • Dermatological Mesotherapy in your Daily Practice • Indications <ul style="list-style-type: none"> ○ Traditional ○ Lipodistrophy <ul style="list-style-type: none"> ○ Facial Rejuvenation (Mesoglow/Mesolift) ○ Hair Loss
10:30 – 10:45 am	COFFEE BREAK
10:45 - 12:15 pm	<p style="text-align: center;">PRP INDICATIONS</p> <ul style="list-style-type: none"> • Facial Rejuvenation • Hand Rejuvenation • Hair Restoration • Scar Treatment • Acne Treatment <p style="text-align: center;">PRP TECHNIQUE</p> <ul style="list-style-type: none"> • Platelet Harvesting • Reducing Platelets Poor Plasma • PRP Preparation • Acne Treatment <p style="text-align: center;">INTRODUCTION TO FAT GRAFTING</p> <ul style="list-style-type: none"> • History • Indications • Pre-Op instructions • Fat Harvesting • Post-Op instructions • Cell Assisted Lipotransfer (CAL) • Complications
12:15 – 12:45 pm	MCQ test assessment on Mesotherapy, PRP and Fat Grafting
12:45 – 12:50 pm	Group Photo Session
12:50 – 01:45 pm	LUNCH BREAK
01:45 – 03:15 pm 03:15 – 03:30 pm 03:30 – 05:30 pm	<p>MESOTHERAPY (Demo and Practical Session on Facial Rejuvenation, Lipolysis and cellulite)</p> <p>COFFEE BREAK</p> <p>PRP (Demo and Practical Session)</p>
05:30	End of Day 2

Day 3: 8 Nov 2019

08:30 am – 10:30 am	Review of Facial Anatomy with volunteers using colored pencils
10:30 – 10:45 am	COFFEE BREAK
10:45 am – 12:00 pm	Combined Treatments
12:00 pm – 01:00 pm	Introduction to Thread Lift
01:00 pm – 02:00 pm	LUNCH BREAK
02:00 pm – 03:00 pm	SCLEROTHERAPY IN AESTHETIC MEDICINE <ul style="list-style-type: none">• Introduction to Phlebology• Treatment of Telangiectasias and Varicose Veins• Lifestyle and Conservative Medical Management Sclerotherapy
03:00 pm – 03:30 pm	MCQ / test on Sclerotherapy
03:30 pm – 03:45 pm	COFFEE BREAK
03:45 pm – 05:30 pm	Demo and Practical Session on Sclerotherapy
05:30	End of Day 3

Day 4: 9 Nov 2019

BOTULINUM TOXIN A – ADVANCED INDICATIONS AND TECHNIQUES

08:30 – 10:15	Introduction: What is Beauty? Botulinum Toxin Type A <ul style="list-style-type: none">• Analysis of Facial Beauty• Pharmacology of Botulinum Toxin A• Frown Lines and Brow Lifting• Periocular Rejuvenation• Periorbital Rejuvenation• Platysmal Band Rejuvenation• Hyperhidrosis• Management of Complications from Botulinum Toxin A Injections
10:15 – 10:30	Multiple Choice Question Test Assessment on Botulinum Toxin Type A (Advanced Indications)
10:30 – 10:45	COFFEE BREAK
10:45 – 1:00	Demo and Practical Session on Botulinum Toxin Type A (Advanced Indications)
1:00 – 02:00	LUNCH BREAK
2:00 – 05:30	Practical Session continues on Botulinum Toxin Type A (Advanced Indications)
5:30	End of Day 4

Day 5: 10 Nov 2019

SKIN FILLERS – ADVANCED INDICATIONS AND TECHNIQUES

8:30 – 10:30	Fillers Hyaluronic Acid Fillers for Facial Aesthetic Enhancement Calcium Hydroxylapatite Facial Sculpting Facial Sculpting with Poly -L -Lactic Acid Advanced Volume Restoration of the Lower Face
10:30 – 11:00	COFFEE BREAK
11:00 – 12:30	Fillers Restoration of Lip Volume and Definition Using Facial Fillers Advanced Volume Restoration of the Aging Face Blunt Facial Cannula Technique The Role of Topical Agents and Regional Blocks Management of Complications from Filler Injections
12:30 pm – 1:00 pm	Multiple Choice Question Test Assessment on FILLERS
1:00 pm – 2:00 pm	LUNCH BREAK
2:00 pm - 03:15 pm	Demo and Practical Session on FILLER (Advanced Indications)
03:15 - 03:30	COFFEE BREAK
03:30 - 05:30	Practical Session continues on FILLER (Advanced Indications)
05:30	Course Ends- Feedback and distribution of certificates

NOTE: Course content can be modified, depending on AAAM curriculum changes and the days can be switched within the course period.