

Ultrasound Guided Regional Anesthesia Course
18-19 October 2019
Dubai UAE

08:30-09:00 Registration

09:00-10:00 Lecture:

Welcome

Sameer Bhandari

Basics of Ultrasound

Raj Sandhu

Local Anaesthesia: Pharmacology

Sameer Bhandari

Complications

Rachel Asghar

10:00-10:30 Practical: US machine, probe, scanning, basic sono-anatomy

10:30-11:00 Practical: Needling In-Plane/ Out-of-plane

All Faculty

11:00-11:30

Tea/Coffee Break

11:30-13:15 UPPER LIMB

Sono-Anatomy Demonstration

Sameer Bhandari

WORKSHOPS:

Supraclavicular and Interscalene

All

Faculty Axillary, Elbow & tracking down

13:15 – 13:20

Group Photo session

13:20 - 14:15

Lunch

14:15-15:30 LOWER LIMB

Sono-Anatomy Demonstration

Rachel Asghar

WORKSHOPS:

Femoral, LFCN, Saphenous & Sciatic All Faculty

15:30-15:45

Tea/Coffee Break

15:45-17:00 ANKLE

Sono-Anatomy Demonstration

Sameer Bhandari

WORKSHOPS:

Ankle

All Faculty

17:00-17:30 Lecture:

Controversies in R.A.

Sameer Bhandari

Additives

Recent Advances

17:30

End of Day 1



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DAY 2: 19 October 2019

08:30 –09:00 Recap from Day 1/ Videos

09:00 –10:00	<u>ABDOMEN</u>	Sono-Anatomy Demonstration	Raj Sandhu
	WORKSHOPS:	Rectus sheath & TAP block	All Faculty

10:00–10:30 Tea/Coffee Break

10:30 –1:00	<u>SPINAL & EPIDURAL</u>	Sono-Anatomy Demonstration	Vinay Shanthi
	WORKSHOPS:	Spinal & Epidural	All Faculty

1:00-2:00 Lunch

2:00 –3:30 Recap : Upper and Lower Limb Scanning

3:30 –5:00 Recap : Abdomen and Spinal/Epidural scanning

5:00 Course Ends- Feedback & Distribution of certificates.

CPD Matrix Codes covered: 1A02, 1A03, 2A03, 2G01, 2G02, 2G03, 2G04 and 3A09

**10 CPD Credits granted by The Royal College of Anaesthetists, London
RECOGNISED FOR EDRA**



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